



ST. GEORGE SCHOOL NEWSLETTER

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January 22, 2009

Dates to Remember

January 22: Energy Savings Through Energy Audits, 7:00PM, St. George Town Office.

January 23: Early release day. Quarter 2 ends.

January 24: Pancake Breakfast at Applebee's, 8-10AM, to benefit Trekkers, \$5.00/person

January 24: Open House at the Grace Youth Center, 10:00AM-3:00PM.

8th Grade Basketball Schedule

Thursday, Jan. 22 Boys only, home VS Bristol

Monday, Jan. 26 Home VS GSB, girls first

Wednesday, Jan. 28 At TGS, girls first

Thursday, Jan. 29 Home VS Searsport, girls first

Monday, Feb. 2 Boys only, at Bristol

Playoffs will be on Feb. 5, 9 and Championship on 2/11 at Lincoln Academy. All games begin at 3:45PM.

Recreation Department News Wayne Judkins

Congratulations to both our 5th/6th grade girl's basketball team, AND our 5th/6th grade boy's "Blue" team for advancing to the league championship game again this year! Both teams will be defending their 2007-2008 Mid-Coast 5th/6th Grade Basketball League championship! Please plan to attend the games this Saturday, January 24 at Georges Valley High School in Thomaston to support our town teams. Let's bring the league championship plaque back to the St. George School for another year!

Be advised that the game times have changed due to conflicts with the G.V.H.S. gym. The Boy's game will begin at 12:00 Noon and the Girl's game will be at 2:00pm.

Our 3rd/4th grade basketball teams will be playing each other this Saturday (Jan. 24th) at the St. George School. The boys will be playing each other at 8:00am and the girl's will begin at 9:15am. This is a great opportunity for anyone interested in volunteering to practice doing the clock, book, referee, or even help us set-up or clean-up without any pressure! Once again we'll have some experienced people there to help guide us through these projects. PLEASE mark your calendar and come on down this Saturday morning and give us a hand. Not only will you learn something new, but you'll have fun at the same time!

Attention All 5th Grade Band Parents...

The Holiday Concert has been re-scheduled for Monday, February 2nd (Ground Hog Day!) at 6:30PM. Please check your calendars!

Free Admission and Activities at Owls Head Museum

The Owls Head Transportation Museum is offering free general admission from now through March 30. In addition, Education Director Ethan Yankura has planned children's activities for each weekend during the same period. The Museum's education department will be hosting projects including building simple gliders plus a toy city and coloring activities. A variety of ability levels will be accommodated, so children of all ages are welcome. Hours for children's activities are 11 am to 2 pm on Saturdays and Sundays. No pre-registration is required to participate. The Museum is located at 117 Museum Street (off Rt. 73) in Owls Head, just two miles south of Rockland. It is open daily from 10 am to 5 pm. For more information, please call 594-4418 or visit www.owlshead.org.

Museum Hosts WinterFest - Feb. 14-15

A weekend of fun family activities is coming your way at the Owls Head Transportation Museum's **3rd Annual WinterFest on Feb. 14-15**. The event will feature a giant snow mountain for sliding (kids should bring their own soft sliders - no metal sleds), horse drawn wagon rides, outdoor snow activities including a snowball catapult, rides in the Museum's 1926 Model T Ford snowmobile, an antique snowmobile parade and snow plow demonstrations, and indoor movies in the auditorium. An auction of "Winter Sports and Activities" will take place Sat. at 2 pm, and dozens of antique snowmobiles, snowplows, sleighs, and dogsleds will be on display. Inside the Museum, see the newest exhibition featuring horsedrawn carriages and wagons. Visit the Museum's website at www.owlshead.org for complete event details or call 594-4418.

February Vacation at Tanglewood

Children ages 6-12 may register to attend day programs at the Tanglewood Camp in Lincolnville during school vacation in February. Activities include wildlife tracking, winter woods exploration, sledding (6-8 yrs. old) or snowshoeing (9-12 yrs old) and more.

Students ages 6-8 will attend on February 19th and 20th and students ages 9-12 will attend on February 17th and 18th. The cost of the two-day program is \$40.00. For more information and to register call 789-5868 or email at proy@umext.maine.edu. The deadline for registration is February 9th.

Parentworks Offers Four Week “Responsible Communication” Class

ParentWorks is a non-profit organization based in Knox County that provides monthly parenting education classes to families experiencing separation and divorce. These classes have run successfully for over a decade.

In answer to frequent requests for a more in-depth parenting class, ParentWorks has developed a four-week course. The purpose of the course is to educate participants in responsible communication between family members. This course would be appropriate for parents experiencing separation and divorce, as well as for parents in intact families during times of stress and otherwise. This course could be taken either as a follow up to our four-hour class but we are not requiring previous attendance at the Saturday class.

The curriculum will include instruction in the language and vocabulary of expressing thought and feeling, recognizing the difference, and identifying the difference between controlling one's own actions and those of others. Emphasis will be placed on developing age-appropriate listening, communication, and coping skills, especially suited to times of stress or crisis.

ParentWorks hopes that parents will feel free to bring their children. We will provide a meal for participants and family members. During the class time childcare will be provided, which will also include age-appropriate information about responsible communication.

The upcoming four-week course will be offered on March 9, 16, 23, and 30, 2009. Class time for each date is 5:30 p.m. to 7:30 p.m., beginning with dinner. Classes will be held at the St. Peters Episcopal Church, Rockland. There is no tuition charged for this class. For more information and to register for the course please call 596-0014, during business hours. Registration deadline is March 2, 2009.

Stormy Weather?

Check TV and radio stations as well as VillageSoup.com for school delay and cancellation notices. If bad weather develops after we have arrived at school, please stay tuned to the TV and radio for announcements regarding early dismissal. **Please do not call the school for this information.** School staff will call the parents of all students in grades K-2 to spread the news of an early dismissal and to get any special instructions for after school plans.

If time allows, staff will contact parents of 3rd grade students. Students in grades 3-8 should come to school knowing what to do and where to go in the event of an early dismissal. A note from home detailing these plans would be great! Please help us keep the phone lines open!

If you have asked to be on the email list to receive the school newsletter, you will receive an email announcing an early dismissal as well.

Connections Presents Daughters & Dads

For Knox County and Lincolnville girls in grades 3, 4, and 5 and their dads, step-dads, uncles, grandfathers, or other significant males in their lives... a program designed to enhance the bonds between adults and child.

Wednesday, February 4 @ 6:00 p.m.

Wednesday, February 11 @ 6:00 p.m.

Wednesday, February 25 @ 6:00 p.m.

Location: Penobscot Bay YMCA, 116 Union St., Rockport

The focus of the program is to have FUN and provide information about issues such as not using tobacco or other substances, anti-bullying, increased physical activity, and good nutrition. Each evening starts with a “Getting to Know You” activity, followed by a light healthy meal and a short discussion on making healthy choices. The remainder of the evening is spent playing games and activities that everyone can participate in equally.

The series is **FREE**, but you must register to participate. *Attendance at all three evening is strongly encouraged.* Enrollment is limited, so sign up today! To register, contact Connie Putnam at 594-5440, ext.1 or c-putnam@verizon.net

Funding for the program is in collaboration with the Knox County Community Health Coalition, the Pen Bay YMCA and the Midcoast Boys to Men program. *A Healthy Maine Partnership*