



ST. GEORGE SCHOOL NEWSLETTER

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May 7, 2009

Dates to Remember

- May 8: Exploration and Discovery exhibition, 8:30-10:00, grades 6, 7, 8. Public is welcome.
- May 8: Dance for students in grades 6, 7, 8, Watts Hall, 7-10PM, \$6 admission or \$5 with food pantry donation. Sponsored by GVHS class of 2012.
- May 9: 8th grade Trekkers Bean Supper and Auction, Rockland American Legion, 5:30 supper, 7:00 auction.
- May 14: Early dismissal, 12:20PM.

Last Day of School

Friday, June 19th has been designated as the last day of school. St. George School will dismiss at 11:50, 3 hours earlier than our regular dismissal time. Bag lunches will be available.

PACES

I would like to encourage families to join PACES, **P**arents **A**nd **C**hildren **E**xercise **S**imultaneously. This program promotes family time through exercise. As you may know the obesity epidemic facing the youth of today is staggering. Type 2 diabetes is on the rise, along with high cholesterol, high blood pressure, and physical inactivity...all related to this health concern. When you participate in PACES Day, your family promises to exercise together for a short while every weekend. The PACES Day website has many suggestions on what your family can do to participate in the program, like a family walk, a day hike, bike rides and walking to school together. Visit the website, www.pacesday.com and register your family today.

Mid-Level Museum Exploration and Discovery Event!

The projects created by 6th-8th graders for the integrated unit on *Exploration and Discovery* will be on display in the middle-level wing of the St. George School on **Thursday, May 7th from 1:30-2:45 P.M. and on Friday, May 8th from 8:30-10:00 A.M.** Please feel free to come in and browse anytime during those hours. We look forward to seeing you then!

We Need Your Help!

The third grade class is in need of a few things to borrow for their play. The cast needs a Yankee's shirt or cap, a white lab coat, a clothes rack, a Georgia O'Keefe prints. All items will be returned after our performances. Please contact Catherine Sally at school or at csally@msad50.org if you can help. Our performance will take place at 1:00 on May 21st.

Band Notes

The St. George Middle Level Band and the 5th grade Beginning Band will be VERY busy from now until the end of school. Please note the dates of the up-coming concerts for both groups.

Monday, May 25th ~ Middle Level Band ~ Tenants Harbor Memorial Day ~ 8:30AM

Monday, June 1st ~ Middle Level Band ~ Fine Arts Festival ~ 6:30PM

Monday, June 8th ~ 5th Grade Beginning Band ~ Outdoor Concert ~ 6:00PM ...(in the event of rain, the concert will be moved to the gym).

Funtown Trip for ML Band and Chorus Members

The Middle Level band and chorus will be taking their annual end-of-the-year trip to Funtown on SATURDAY, JUNE 6th (rain-date: Saturday, June 13th). The cost per student, which includes admission to the park and the cost of the bus, is \$25.00. We will plan to leave from the NEW entrance of the St. George School at 7:45AM with an estimated time back at 6:45PM. If you have any questions or concerns, please do not hesitate to contact either Mrs. Kanicki or Mrs. Pacheco.

Caterpillars in Ms. Thompson's Room

Ms. Thompson's first graders have been observing their very own caterpillars! We have learned a lot about our caterpillars...

- They are painted lady caterpillars.
- They have 12 eyes, 16 legs and 1 mouth.
- They can spin web like a spider.
- They molt as they grow larger.

We have been drawing them and labeling their parts in our science notebooks. They have grown a lot since they first arrived and we predict that they will make a chrysalis in four or five days.

Trekkers Bean Supper and Auction

Items worth more than \$5000.00 will be auctioned off this Saturday at the Rockland American Legion Hall, 335 Limerock Street. Preview the items and enjoy a \$5.00 baked bean supper, featuring beans, hot dogs, beverages and desserts, starting at 5:30. The bidding will begin at 7:00. Artwork, gift cards, furniture, handmade items and more will be on the auction block. This annual event is sponsored by the 8th grade Trekkers, who are raising money for their two-week summer expedition.

May is Physical Fitness and Sport Month

“Healthy, physically active kids learn and feel better!”

That is the key message the National Association for Sport and Physical Education (NASPE) wants to express in honor of May: National Physical Fitness and Sports Month. NASPE also states that School Physical Education is the cornerstone to developing an active lifestyle. Physical Education can help students to be more active, more fit, and achieve better academically.

At school students in grades 4-8 will be participating in our yearly Physical Fitness test. Students in Kindergarten through 3rd grade will be involved in fitness games and some practice testing activities. The students and staff began the month long activities by participated in ACES on Wednesday May 6th. There will also be several opportunities for some students to stay after school and participate in more activities.

Join in the celebration all month by being active with your child. Take a family walk, bike ride or hike. Work in the yard together gardening or raking leaves, any activity your family enjoys. Check out the attached calendar of daily “do at home” activities.

RSU 13 2009-2010 BUDGET MEETING SCHEDULE

All meetings are at 6:00 p.m.

May 12, Tuesday: Board approves proposed budget, Signs District Budget Meeting and Budget Validation Referendum warrants: McLain

May 21, Thursday: Budget Informational Meeting: GVHS

May 26, Tuesday: Budget Informational Meeting: Rockland City Hall

Last day to post District Budget Meeting warrants in 6 municipalities

May 27, Wednesday: Budget Informational Meeting: St. George School

June 2, Tuesday: District Budget Meeting vote on proposed budget: RDHS Auditorium

Trekkers Bike Trek - the Mentour de Shore

Trekkers is sponsoring a 35 mile round trip bike race on June 13th. Rain or shine, the 9:00AM race will be followed by an 11:00AM cookout for all riders. The route begins in Thomaston, with the turn around point located in Port Clyde. Registration is \$25.00 per rider. For more information, call Don or Sarah at 594-5095 or visit trekkersonline.com. All proceeds will help fund mentoring programs for teens in Cushing, Thomaston and St. George.

St. George Recreation Department News Wayne Judkins

Anyone in possession of a St. George Parks & Recreation Dept uniform is asked to please return it to the town office at your earliest convenience. Also, if you have any of our equipment lying around your place, could you please return that as well? The replacement costs to outfit our teams have steadily increased over the years. Needless to say, the more use we can get out of our uniforms and equipment, the less it costs all the taxpayers. So dig those items out and bring them to the town office so we can put them back into circulation!

Speaking of savings, we still offer used cleats, gloves, soccer shin guards, etc. to anyone in need (contact your child's coach). These items have been donated over the years and we hope that the trend to donate any unused/outgrown sports items (in good, useable condition of course) continues. Items for donation can be dropped off at the town office. Many thanks for your cooperation!

Benefit Spaghetti Supper

St. George resident Amos Benner was recently injured in a chainsaw accident and will be unable to work for some time. A benefit supper will be held at the Wiley's Corner Grange on Friday, May 15th from 4:30 to 7:30. Raffles and a 50/50 drawing will also be available. The menu will include spaghetti, garlic bread, salad and dessert. Admission will be \$6.00 per adult, \$3.00 per child or \$20.00 per family of 4 or more.